

Introduction to Food and Wine Pairing

2.9.1

Fill in the blank.

I use the metaphor of pairing food and wine is like _____.

I like to ask what are the main components or the _____
of the dish.

Important Questions to Ask:

1. What is the main _____ in the dish?
2. What are the major _____ in the dish?
3. What is the method of _____?

Important Wine Notes to Consider

1. _____
2. _____
3. _____
4. _____



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Food and Wine Pairing - Level One - The Basics

2.9.2

Fill in the blank.

The most basic is _____ with seafood and
_____ with meat.

Tannin and acid in wine actually helps balance _____ and
_____. Ribeye would go great with _____.

Tannins can _____ some light seafood.

Of course there are exceptions, but it's a good general rule to start with.



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Food and Wine Pairing - Level Two - The Spectrum

2.9.3

Fill in the blank.

Neutral whites will land at the top of this list, like _____
and _____.

Next are aromatic whites like _____. Then oaked whites
like _____.

Moving into reds, reds with low tannin and high acidity like _____
_____ will be highest on the spectrum after whites.

Next are medium bodied reds like _____, followed by
more structured wines like _____, and lastly big,
full-bodied and rich wines like _____.



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Level Three - Balance or Accentuate

2.9.4

Fill in the blank.

If you feel comfortable with the first two levels of pairing, I want you to understand the concept of _____ vs. _____.

Acid can act like _____ that cuts through fat and tannins
interacts with protein to moderate perceived _____. You also
should consider the method of preparation next.

Give an example of four pairing options with Fried Chicken:

1. _____

2. _____

3. _____

4. _____



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Level Three - Balance or Accentuate (continued)

2.9.4

Fill in the blank.

For barbequed chicken, give four different pairing options.

1. _____

2. _____

3. _____

4. _____